

## RENU 28 Usage Guide and Support

Congratulations on choosing Renu 28 and bringing the healing power of redox molecules into your life.



### Before you start

- >> Take a before photo of any skin issues (loose skin, scars, wrinkles, sun damage, blemishes, stretch marks or any other skin issues). Pictures say a thousand words. We often don't notice the daily small changes; over time they become big changes. The before and after photo are important for you to see the value and will help you share the benefits.
- >> To be objective, give a rating out of 10 of any aches, pain or discomfort out of 10 of any areas you want to see a benefit in. Track your changes weekly.

### Using Renu 28

1. Always shake the tube before every use.
2. Apply on clean, dry skin at least twice a day. You can apply more often for increased benefits. You cannot use too much Renu 28!
3. Apply enough gel that it takes 30-60 seconds to rub in and dry on the affected area. *You can still apply your moisturizer or makeup after giving Renu 28 a couple of minutes to dry.*

***Everyone is different...use Renu 28 daily for at least 3 months to allow your body to experience results. We recommend using at least 1 tube / two weeks, more if you have discomfort.***

***The cellulite study results are based on using a tube a week on the hips, thighs and buttocks.***

### Where to use Renu 28

You can use Renu 28 on any skin problem anywhere on the body – remember this product is 100% non-toxic and has anti-bacterial, viral, fungal and microbial properties, yet increases cellular efficiency and function. It literally helps the cells function as though they are younger.

Use it on sore muscle, aches, pains & more...see what happens for yourself. Or, try it on muscles immediately after exercise – you may experience faster recovery and less muscle soreness. For more ideas check out 50 Ways to Use Renu 28 below.

To improve the absorption of the molecules into the body you can apply to the neck, inside wrists, back of knees and feet.

### What to expect

**Temporary dryness:** some people notice a temporary dryness that can last a couple of days to a couple of weeks as the cells rebalance. Dermatest study showed 11% improvement in hydration after 28 days

**Detoxification:** Some people may experience a detox through the skin as toxins and waste are flushed out of the cells. With the skin the body's largest organ, it can detoxify the effects of environmental pollution, poor diets, and other skin care products. If you experience any rash, irritation, pimples or flaking skin:

- Drink plenty of water to flush toxins
- Continue using Renu 28 as the redox will support the detoxification process
- Try using exfoliant or clay mask once or twice weekly if you are experiencing rapid renewal of skin cells.

### Storing your Renu 28

While RENU 28 is stable, we do not recommend leaving it on a car in the hot sun! In the bathroom, your office and handbag is great ☺ ☺

### Expectations

At peak efficiency skin cells 'Renu' themselves every 28 days. This can lengthen to up to 90 days with age. You might need to go through several renewal cycles before you see visible results.

Some people see and feel results quickly; for others it can take several months. Give it a good trial, 3-4 months, more for problem areas. It has proven truly extraordinary for many, many people.

For more information of the Science of Redox Signaling Molecules, go to [www.amazingmolecules.com](http://www.amazingmolecules.com) and watch the first movie-the RedoxBreakthrough and check [www.theRedoxDoc.com](http://www.theRedoxDoc.com).

